



## Tarot Forecast Journal Pages

3/1/15-3/7/15

*This week is all about appreciating the full experience of everything you do from the beginning, middle and end. Once we learn to be present in everything we do, life becomes more enjoyable.*

### Sunday: Knight of Pentacles



What can I do to help slow myself down when I try to rush through things?

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### Monday: Queen of Pentacles



How can I balance my home and work life?

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**Tuesday: Ace of Swords**



Is there anything you need to carefully consider before taking action?

Free write.

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**Wednesday: Seven of Cups**



What can you do to be fully present in the moment today?

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### Thursday: The Emperor



Think of one of the hardest lessons you had to learn. What helped you get through that and how has that changed you as a person and how has it helped you grow?

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### Friday: Ace of Pentacles



Free write about something in your life that has the potential to grow into something really good. What can you do to nurture it into maturity?

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### Saturday: Queen of Cups



Do you have needs you've neglecting because you've put the needs of others before you? What are they? What can you do to pay nurture yourself today?

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