



Tarot Forecast Journal Pages

3/15/15-3/21/15

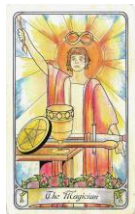
This week is all about getting to know yourself from the inside out. I personally recommend cultivating a daily meditation habit if you can. All it takes is 5 minutes to sit down and get your head clear. Do that and you'll get the most out of all the energy happening around you this week. You don't want to push anything this week. Just sit back and watch the magic happen.

Sunday: 10 of Pentacles



Name five things that happened today that made you smile.

Monday: The Magician



Our talents make us feel empowered. What talents do you have that empower you?

Tuesday: Wheel of Fortune



As the Wheel of Fortune spins, what would you do if you had 0% chance of failure? We talked about this last week, but really just take a minute to renew your dreams. Don't ever let them fade.

Wednesday: 8 of Pentacles



Sometimes on rainy days, all we need is a friend with an umbrella. Who is always there for you on those tough days? Take a minute to let them know you appreciate them and that love you give will come back to you when you need it most.

Thursday: 7 of Swords



Some people are just jerks. Think of a song that empowers you and write it below. Play the song as a message to the universe that no one can walk all over you. Sing in the mirror, dance in your living room and cultivate confidence through song.

Friday: King of Wands



Spring is in the air! Go outside, take a walk and observe everything that's going on. Try talking to new people or going to a new restaurant you always wanted to visit. It's the first day of spring. Feel that potential and get excited.

Saturday: Justice



People always talk about bad habits so let's talk about good habits! What are some of your good habits and how do they help you?
